

INSTRUCTIONS FOR MAKING A SENSORY AWARENESS KIT

ADVANCE PREPARATION - Sensory Awareness Kit: This e-learning module includes a hands-on sensory awareness learning experience. In order to participate in the learning experience participants will need to have the Sensory Awareness Kit. The kits will need to be assembled in advance of registering for the training using the identified household items. It is recommended that each agency assemble a few of these kits and have them on hand for staff to "check out" for use while they are participating in the e-learning module.

Items needed for the Sensory Awareness Kit:

1. Heavy plastic sandwich bag (regular sandwich size ziploc-style bag)
2. Pair of vinyl gloves
3. Piece of yellow cellophane or vinyl
4. Piece of phone book, newspaper, or map
5. Small button
6. Needle and thread
7. Piece of rough sandpaper
8. Handful of split peas or popcorn seeds
9. Pieces of white, light yellow, blue, and green paper (about 2 each)
10. Piece of chocolate (such as a Hershey's kiss or other small chocolate)