Cultural Competency Academy Day 4: Culture and Behavioral Health Services Michelle Ly, LMFT, and Golby Rahimi, LMFT

Learning Objectives

- 1. Identify institutional bias in our institutions
- 2. Navigate personal bias
- 3. Discuss the effect of guilt, privilege and same in service provision
- 4. Define cultural competence practices for the delivery of Behavioral Health Services

| Time | Activity |
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| 9:00am – 10:15am | Introduction for the day/Setting the Table |
| | Cultural responsiveness in BHS Settings |
| 10:15am – 10:30am | Break |
| 10:30am- 12:00pm | Cultural responsiveness in BHS Settings (Continued) |
| | Identifying and Managing Your Biases |
| 12:00pm- 1:00pm | Lunch |
| 1:00pm - 2:00pm | Assumptions That Are Rooted in Bias |
| | Institutional Bias |
| 2:00pm- 2:15pm | Break |
| 2:15pm – 4:00pm | Implementation: What does cultural competency look like in practice? |
| | How Guilt, Privilege, and Shame Affect Service Provision in BHS |
| | Wrap – Up: Evaluation, Questions, Comments. |

