

Integrating Peer Supporters into Mental Health and Substance Use Medi-Cal Systems of Care



This training will focus on multiple aspects of bringing peer supporters onto a behavioral health team in any type of service. This course will begin with an overview of what is meant by peer support and a review of who qualifies as a peer supporter under California guidelines. There will also be an overview of services that peer supporters can provide: which are Medi-Cal billable and which may not be but are still important. Participants will engage in various activities addressing different scenarios, cooperate in small groups to identify solutions to specific workplace situations and have time to share concerns, questions, and successes in a collaborative, welcoming, and open environment.

Learning Objectives

- Describe three ways that peer supporters inspire hope in person's served.
- Identify at least four core ideals that form the foundation of a recovery focused-organization.
- State the California requirements for supervision of peer supporters.
- Recognize at least three core services that peer supporters can provide that are Medi-Cal billable
- Recognize at least two reasons that peer supporters are effective in services that support substance use recovery or recovery from co-occurring challenges.
- Recognize that service providers should never tell anyone they can't work, recover, change their circumstances, get better, have hope.
- Identify the first step to take to hire peer supporters into their workplace.

Registration Information

If you already have an account, you may search for the course by name or course code. If you do not have an account in the LMS you will need to open one by [clicking here](#). Email RIHS@sdsu.edu if you have any questions. This training is FREE of charge to BHS County employees and contractors.

VIRTUAL EVENT

Date: June 15, 2022

Time: 9:30am – 3:30pm

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.



REGISTRATION

Click here to log into the Learning Management System (LMS) and Register.

Course Code: BH0332



WHO WILL ATTEND

This training series is designed for behavioral health professionals who provide clinical services to adults and older adults.



THE TRAINER

Lisa St George, MSW, CPRP, CPSS brings over 40 years of experience in the health and human services. Lisa believes in the resiliency of the human spirit, and in the inherent strength of people with trauma, mental health, and addiction challenges.

[Learn more about Lisa.](#)

Thank you for your continued understanding about our need to put the safety of our staff, facilitators, and customers first.

Please review the COVID protocol for in-person trainings.

<https://theacademy.sdsu.edu/a-message-to-our-stakeholders-and-friends/>

**COVID Message and
In-person Training Protocol**

ADA

Please submit all requests for accommodations two weeks prior to the start of the training. The Academy for Professional Excellence is committed to creating an inclusive and welcoming environment that appreciates and builds on diversity. In accordance with the Americans with Disabilities Act (ADA) of 1990, and California Administrative Code Title 24, The Academy for Professional Excellence prohibits discrimination on the basis of a disability in employment, public services, transportation, public accommodations, and telecommunication services.

Continuing Education

This course meets the qualifications for **5** hours of continuing education credit for LMFTs, LCSWs, LPPCs and/or LEPs as required by the California Board of Behavioral Sciences. The Academy for Professional Excellence is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPPCs and LEPs, Provider #91928. The Academy for Professional Excellence is approved by the California Board of Registered Nursing, Provider # BRN CEP10014; CCAPP-EI, Provider # 1S-98-398-0822, and CAADE Provider # CP40 906 CH 0323 for **5** contact hours/CEHs. The Academy for Professional Excellence is approved by the American Psychological Association to sponsor continuing education for psychologists. The Academy for Professional Excellence maintains responsibility for this program and its content. CE certificates will be available for download 5 business days after course completion. Click here for information on how to [obtain CE Certificates](#). Click here for the [CE Grievance Procedure](#).

Responsive Integrated Health Solutions (RIHS) is a County of San Diego Behavioral Health contracted program of the Academy for Professional Excellence, and a project of San Diego State University School of Social Work.



We create experiences that transform the heart, mind, and practice.

Visit us at theacademy.sdsu.edu.



Integrating Peer Supporters into Mental Health and Substance Use Medi-Cal Systems of Care

Lisa St George, MSW, CPRP, CPSS

Educational Goal:

Building strong teams and effective responsibilities for peer supporters in San Diego County Behavioral Health Services

Learning Objectives:

Upon completion of this training, participants will be able to:

- 1. Describe three ways that peer supporters inspire hope in person's served.*
- 2. Identify at least four core ideals that form the foundation of a recovery focused-organization.*
- 3. State the California requirements for supervision of peer supporters.*
- 4. Recognize at least three core services that peer supporters can provide that are Medi-Cal billable*
- 5. Recognize at least two reasons that peer supporters are effective in services that support substance use recovery or recovery from co-occurring challenges.*
- 6. Recognize that service providers should never tell anyone they can't work, recover, change their circumstances, get better, have hope.*
- 7. Identify the first step to take to hire peer supporters into their workplace.*

Time	Activity
9:30am – 9:45am	Welcome and Introduction – Pre-Test
9:45am – 10:30am	Introduction to Peer Support – Who, What, Where, When
10:30am – 10:45am	Break
10:45am – 11:15am	Peer Supporters as Employees (Poll, how many peers does your organization employ?)
11:15am– 11:20am	Scenario and Solutions in Small Groups
11:20am – 11:45am	Billable Services – Medi-Cal Covered Services Peer Supporters can Provide
11:45am – 12:00pm	Questions and Discussion
12:00pm – 1:00pm	Lunch
1:00pm – 1:05pm	Welcome Back – Icebreaker
1:05pm – 1:45pm	Peer Supporters as Service Providers (Poll what job can peer supporters do?)

1:45pm – 2:00pm	Small Group Concern List Development
2:00pm – 2:15pm	Addressing Concern Lists
2:15pm – 2:30pm	Break
2:30pm – 2:45pm	Role Play Scenario
2:45pm – 3:15pm	Telehealth and Peer Supporters
3:15pm – 3:30pm	Close, tie any loose ends, post-test

***Please note: In order to receive completion and credit/CE's, you must have your video camera on for the duration of training.**