

# APS Supervisor Core: Building and Managing Effective APS Teams



In this interactive and dynamic introductory training, participants learn how to build and manage effective teams, maintain healthy teams, and assess their teams overall.

This is 1 of 4 training topics part of Supervisor Core Competency 3: Supporting Team Building and Individual Development

## Learning Objectives

By the end of the training participants will be able to:

- Explain the importance of Teams and Teambuilding in APS.
- Explain how to build and manage healthy, effective teams.
- Identify strengths and growth opportunities within your team.
- Explain the benefits of using a trauma-informed approach in managing teams.

## Course Requirements

- A pre-training assignment, "How Good Are You and Your Team at Teamwork and Team Building?" will need to be completed prior to attending the training.

## Meet the Trainer

### E. Penny Jacobo, LCSW

Elizabeth "Penny" Jacobo, LCSW, graduated with her M.S.W. from SDSU in 2012. She is currently the Training and Program Development Supervisor with the County of San Diego Adult Protective Services program.

She has worked in APS for 11 years as an intern, a line worker and a supervisor. Prior to APS, Penny worked as a case manager for adults with serious mental illness who were also involved in the criminal justice system, in an ACT (Assertive Community Treatment) setting.

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## VIRTUAL EVENT

**Date: February 4, 2025**

**Time: 8:30 a.m. - 12:00 p.m.**

This course will be conducted remotely through **Zoom**. A link will be sent to participants a week before training.



## REGISTRATION

Please register through your respective county's training process.

**The registration due date for this training is Mon. January 20, 2025.**



## AUDIENCE

This workshop is intended for APS supervisors both new and experienced



In addition to her job with the County, Penny currently works as a private therapist, as well as a curriculum developer and trainer for APS programs around the country.

Penny can be found on Instagram: @E.PennyJacobo or you can visit her website at <https://www.pennyjacobo.net/>

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## Virtual Training Protocol

- Download or update the most recent version of Zoom
  - Please log in 5 to 10 minutes prior to the workshop to allow for troubleshooting, if needed
  - It is highly recommended to use a headset for this workshop, as participants will be asked to participate in group discussions and small break-out groups
  - Use "Computer Audio" for optimal experience
  - If you have access to a functioning camera, we ask that you turn it on for the full duration of the workshop as it offers a more conducive learning experience.
  - If you are planning to log on to the training using two separate devices (one for audio, one for video), please be sure to mute one of the devices to prevent any audio feedback.
  - Please be sure your screen name is your first and last name in Zoom. Learners who are not able to identify themselves within the first 15 minutes of training, and remain unresponsive after the moderator has attempted to make contact via chat or verbally multiple times will need to be removed from the training session.
  - Please refer to the "Virtual Learning Tips" handout for additional information on how to update your Zoom screen name, etc.
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